



# MATTHEW 25

***“I was hungry...I was thirsty...I was a stranger...I needed clothes...  
I was sick...I was in prison, and you came. Truly I tell you, just as you did it to one of  
the least of these who are members of my family, you did it to me.”***  
(Matthew 25 NRSV)

**For I was hungry and you gave me food...**

## **FACTS**

- **Feeding America: Hunger in Ohio (2018 figures pre-pandemic)**
- **1,624,180 Ohio residents are struggling with hunger--and of them 489,160 are children**
- **175,140 Franklin County residents experience food insecurity with a 13.7% food insecurity rate**
- **1 in 5 Franklin County children struggles with hunger**
- **Average cost of a meal in Ohio is \$2.79. Average cost of a meal in Franklin County is \$3.05 (above state average)**
- **40.3% of Ohio households receiving SNAP† benefits have children**
- **56% of people in Franklin County fall below the SNAP threshold for poverty**

## **PERSONAL REFLECTIONS AROUND THE TABLE**

**What did you have to eat today? What was your favorite food? What was your least favorite food?**

**Can you remember a time when you were really hungry? How long did you have to wait to eat?**

**How can you share food with others or help make sure those who are hungry have food to eat?**

## WAYS TO PRAY

Thank God for the food you have to eat each day.

Ask God to give those who are hungry food to eat.

Pray for organizations and people that help hungry families get the food they need: Clintonville Resource Center, NNEMAP, Neighborhood Food Services Pantry.

## ACTION ITEMS:

1. Saturday, May 22nd from 10-noon is Overbrook's monthly food drive. Pick up non-perishable items to make a meal for a family of 4 and drop them off.
2. Fresh fruits/vegetables are very special to those in need. Start/allocate part of your family garden for donation to the CRC.
3. Think of 3 other ways you might become a part of the solution to end hunger.
4. Re-read Matthew 25: 31-40. How does this passage connect for you with the issue of hunger? Does it change how you view the facts above, your prayers, or actions? If so, how?

Please interact with the links below to engage more with the topic of hunger and learn more about local resources dedicated to helping

Mid-Ohio Food Collective video

<https://www.youtube.com/watch?v=gXmsAiXCJLA&t=5s>

Mid-Ohio Food Collective <https://www.midohiofoodbank.org>

Clintonville Resource Center <https://www.clintonvillecrc.org>

Children's Hunger Alliance <https://childrenshungeralliance.org>

Highland Youth Garden <https://www.highlandyouthgarden.org>

Presbyterian Hunger Program (PCUSA)

<https://www.presbyterianmission.org/ministries/compassion-peace-justice/hunger/>

Matthew 25 Mission PCUSA

<https://www.presbyterianmission.org/ministries/matthew-25/>

NNEMAP Food Pantry <https://www.nnemappantry.org/>